

# EDUCATIONAL, INSPIRATIONAL SUPPORT FOR THOSE AFFECTED BY STROKE

If you're recovering from a stroke or are caring for a stroke survivor, we hope you'll join us for a series of informative group sessions. At these free events, you can gain insights from knowledgeable speakers and talk with others who are coping with the effects of stroke.



## JOIN OUR MAILING LIST!

To receive updates on stroke-related events, news and more, contact:

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 **Franciscan HEALTH**  
STROKE CENTER

## Stroke Support Group Meetings

Stroke support group meetings are from 3 to 4:30PM at Franciscan Health Indianapolis in the Surgery Conference Room on the second floor. There will be a small group discussion following each presentation. **Free valet parking** is available at the Main Entrance #12. Free self parking is also available near the Main Entrance.

**Franciscan Health Indianapolis**  
**Main Entrance #12, 2nd Floor**  
**8111 S. Emerson Ave.**  
**Indianapolis, IN 46237**

**September 11**

### **Art Therapy**

by Herron School of Art & Design  
Megan Van Meter, MA, ATR-BC  
Heather Leigh, DAT, ATR-BC, LCPC

**October 9**

### **Benefits of Essentials Oils After a Stroke**

by SueAnn Kavanagh, doTERRA Wellness Advocate  
\*Chair massages provided by Lora Dilley - Massage Therapist and Stroke Nurse Navigator

**November 13**

### **Vision Therapy**

by Emily Hable, O.D., Assistant Clinical Professor,  
Vision Rehabilitation Service

**December 11**

### **Holiday Party**